

12 Chakra Energies and Our Spiritual Rights

Ancestralriver.com

7 Crown. Energy: To know our relationship to the universe and Universal Spirit. **Rights:** To live in the present moment; to know we are made of Universal Spirit; to receive our spiritual rights.

6 Third Eye. Energy: Intuition, mental processes. **Rights:** To use our whole mind; to hear my spirit above the chatter of our mind; to receive wisdom and knowledge from the Universe.

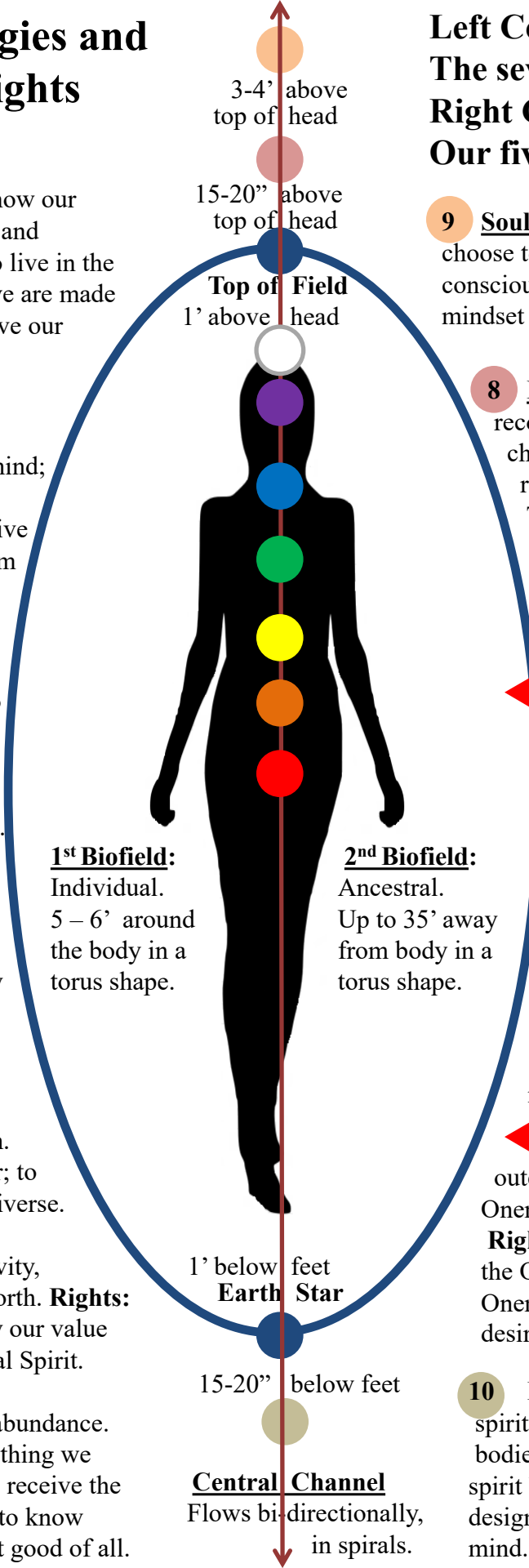
5 Throat. Energy: Expressing our truth; communication. **Rights:** To express our spirit above the confusion of the mind; to hear Universal Spirit speak to us and know what is said.

4 Heart. Energy: Giving and receiving love. **Rights:** To know Universal Spirit's love for us; to know we are love; to love ourselves and others.

3 Solar Plexus. Energy: Personal power, self-esteem. **Rights:** To claim our power; to receive the power of the universe.

2 Sacral. Energy: Creativity, sensuality, intuition, self-worth. **Rights:** To create our lives; to know our value as integral parts of Universal Spirit.

1 Root. Energy: Safety, abundance. **Rights:** To know that everything we need is within us always; to receive the abundance of the universe; to know everything is for the highest good of all.



3-4' above top of head

15-20" above top of head

Top of Field
1' above head

1st Biofield:
Individual.
5 – 6' around the body in a torus shape.

2nd Biofield:
Ancestral.
Up to 35' away from body in a torus shape.

1' below feet
Earth Star

15-20" below feet

Central Channel
Flows bi-directionally, in spirals.

Left Column:

The seven main chakras

Right Column:

Our five spiritual chakras.

9 Soul Purpose. Energy: To choose to live as spirit. **Rights:** To consciously choose to live the mindset of love that our spirit is.

8 Life Purpose. Energy: To recognize when we are at the choice point of living as spirit or reacting from our mind. **Rights:** To desire to hear our spirit; to know when we are at the choice point between mind and spirit; to align the mind to hear our spirit.

11. Just inside the outer edge. Energy: Communication with the universe. Our 360 Degree Sensing System; light waves condense to become the connective tissue of our body. **Rights:** To give and receive communication; to flow in harmony with the wisdom and abundance of the universe; to know the universe is always working in our favor.

12. Just outside the outer edge. Energy: Knowing our Oneness with Universal Spirit. **Rights:** To know we came from the Oneness and will return to the Oneness; to fully express the desires of my spirit.

10 Energy: Embodiment; spirit beings with temporary physical bodies. **Rights:** To know we are spirit beings; to know we are designed for our spirit to lead our mind.